



## *Learning Together: Seniors from Diverse Caribbean Communities in Peel Talk About Health*

### ***Come Learn with Us About...***

#### **Understanding Alzheimer's**

- **Keeping your brain healthy**
- **Warning signs**
- **Learn and talk with Karen Phair from the Alzheimer's Society of Peel**

### ***When?***

December 1, 2014 from 1-2:30pm

### ***Where?***

- St. Thomas A. Becket Church
- Located at 3535 South Common Court, Mississauga, ON

### ***Register...***

- Please contact Jackie at [pfwssseniorshealthproject@gmail.com](mailto:pfwssseniorshealthproject@gmail.com) or 416-894-6791 to let us know that you will attend
- Seniors and caregivers welcome!
- Light refreshments provided
- There is no fee to attend this workshop

Sponsored by:



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